

**What Young People have said  
about SASH**



*"Everything has been brilliant while I've stayed at SASH".*

*"I have found it very helpful and am very grateful."*

*"My hosts are truly amazing people and made me feel so safe and secure I can't have asked anymore of them."*

01904 652043

info@safeandsoundhomes.org.uk  
www.safeandsoundhomes.org.uk

**Registered Charity 1054890**

**Company registered in England & Wales 3179309**



Safe and Sound Homes  
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**Safe and Sound Homes**  
Information for Young People

Short-term  
Accommodation

*Safe and Sound  
Homes helps  
young people  
aged 16-24 who  
are homeless or  
at risk of  
homelessness in  
York, Selby,  
Ryedale,  
Scarborough,  
Hambleton and  
Richmondshire.*

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## Safe and Sound Homes

aspiration responsibility independence

### 16-24? Nowhere to sleep tonight?

If a family breakdown or a crisis at home means you have nowhere to stay tonight, Safe and Sound Homes may be able to help.



### What We Do

**Safe And Sound Homes (SASH)** is a Registered Charity that provides short-term overnight accommodation and Supported Lodgings for up to 18 months to 16 –24 year olds in the homes of trained volunteers.

### What is SASH short-term accommodation?

SASH provides short-term overnight accommodation in York, Selby, Ryedale, Scarborough, Hambleton and Richmondshire for young people aged 16-24 who have no home to go to. The accommodation is arranged for one night at a time, while you look for something more permanent.



### Can anyone use SASH short-term accommodation?

No. You can only use the scheme whilst you are looking for other accommodation, and if you are between 16 and 24 years old.

### Will I be offered a place?

Usually, yes, if it is suitable for you and you fit the criteria. It's a good idea to ask to be referred early in the day if possible, to ensure that a host is available.

### Who will I be staying with?

You'll be staying with volunteers who have been trained to work with young people and have been checked by the Criminal Records Bureau.

Our volunteer hosts will give you:

- An evening meal
- A bed for the night
- A chance to have a bath or a shower
- Breakfast in the morning

SASH often arranges transport to get you to your hosts, and then back again in the morning.



### How long can I stay?

SASH short-term stays are arranged for one or two nights at a time whilst you work with other organisations to find more permanent accommodation. You can be referred to SASH more than once, until your accommodation is fixed or you are able to return home.

### How can I get a SASH short-term stay?

You can be referred at your local Council office, Castlegate for young people (York only), citizens advice, bureau or ask a youth worker, social worker, Connexions PA or the Police.



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